



**EUSUHM**  
European Union for  
School and University  
Health and Medicine

# **Webinar on Children and Covid-19**

Program 29th of April 2021

**Timeline: 5:00 p.m. to 7:15 p.m. CET**

**5:00 p.m. Welcome and Introduction**

Henrique Sachse-Bonhof, President of EUSUHM.

**5:15 p.m. The Effect of Covid-19 on the Mental Health of Adolescents**

Prof. Inez Myin-Germeys, Professor of Contextual Psychiatry, KU Leuven, Belgium.

**5:45 p.m. Questions & Answer Session**

**6:00 p.m. Covid-19 and Student Health: A Global Perspective**

Erin Maughan, PhD, MS, RN, PNHA-BC, FNASN, FAAN; Co-director of the Global School Nurse Researcher Consortium and Director of Research for the National Association of School Nurses.

**6:30 p.m. Questions & Answer Session**

**6:45 p.m. General Discussion**

**7:15 p.m. Farewell**



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## **Webinar Content**

### **Covid-19 and Student Health: A Global Perspective**

The World Health Organization approached EUSUHM and other partners to conduct a cross-sectional descriptive study to better understand the experience of school nurses, to learn what interventions are effective, and to determine future needed resources. The results of the survey will be shared in this presentation.

**Speaker:** Erin Maughan, PhD, MS, RN, PNHA-BC, FNASN, FAAN; Co-director Global School Nurse Researcher Consortium and Executive director Center of School Health Innovation & Quality.

### **The Effect of Covid-19 on the Mental Health of Adolescents**

Whereas adolescents are the least impacted by the physical effects of Covid-19, the confinement measures significantly impact their mental health. During this talk, evidence will be reviewed on the current mental health effects in this age group. Furthermore, it will be explored the role of reduced social contacts as a mediator of these mental health impacts.

**Speaker:** Prof. Inez Myin-Germeys, Professor of Contextual Psychiatry, KU Leuven, Belgium.